



**NOVO
MESTO**

NOVO MESTO CUP - NOVEMBER 2026



**PLAVALNI KLUB
NOVO MESTO**



ORGANIZATOR TEKMOVANJA

PLAVALNI KLUB NOVO MESTO

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Davčna št.: 41164407
TRR: SI56 6100 0002 3400 918

ORGANIZER OF THE COMPETITION

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tax number: 41164407
bank account: SI56 6100 0002 3400 918

DATUM: 29. 11. 2026
LOKACIJA: Bazén Novo mesto, Zaloška cesta 20
BAZEN: 25m bazén, 8 prog,
temperatura vode 27°C

DATE: 29. 11. 2026
LOCATION: Novo mesto pool, Zaloška cesta 20
POOL: 25 pool, 8 lanes,
water temperature 27°C

MERJENJE

Elektronsko (PZS Timing)

TIME MEASUREMENT

Electronic (PZS Timing)



PRIJAVE

- do srede, 25. 11. 2026 do 24:00 ure
- za SLO klube preko on-line prijave - digiswim.

- Število nastopov posameznika je omejeno na 6 posamičnih nastopov ter na štafetni nastop.

PRIJAVA ŠTAFETE

- Prijavite štafete preko on-line prijave.
- Pri vseh štafetah morajo biti člani štafet iz kategorije, kot je napisano v programu plavanja.
- Poljuben vrstni red tekmovalcev v štafetah.
- Klub lahko prijavi tudi več štafet pri eni kategoriji.

REGISTRATIONS

- until Tuesday, 25. 11. 2026, until 24:00 hours
- applications (LENEX file) send via e-mail: miha@plavalniklubnm.si
- The number of swim starts by an individual is limited to 6 individual starts and 1 start in relay.

RELAY REGISTRATION

- Relay application send via e-mail.
- In all relays, there must be members of the relay teams from category, as stated in the program of the competition
- The order of swimmers in relays can be random.
- The club may also register multiple relay teams in the same category.

ŠTARTNINA

- Klubi prejmejo račun po tekmovanju.
- 8 € na posamični štart.

STARTING FEE

- Clubs will receive an invoice after the competition.
- 8 € per individual start.

PRAVILA TEKMOVANJA

Tekmovanje bo potekalo v skladu s pravili Plavalne Zveze Slovenije, ki so usklajeni s pravili evropske in svetovne plavalne zveze. Trenerji so dolžni seznaniti svoje plavalke in plavalce o teh pravilih. Štartne liste in rezultati bodo ON-LINE: Swimify. Link do štartne liste / rezultatov in QR koda bo objavljena na vidnih mestih bazena.

RULES OF THE COMPETITION

The competition will be held according to the rules of the Swimming Association of Slovenia, which are aligned with the rules of the European and World Swimming Federations. Coaches are required to inform their swimmers about these rules. Start lists and results will be available ONLINE: Swimify. A link to the start list/ results and a QR code will be published in visible places.

Plavalci in plavalke tekmujejo na lastno odgovornost. Za njihovo varstvo in zavarovanje odgovarjajo klubi, katerih člani so.

Swimmers compete at their own risk. Their protection and insurance are the responsibility of the clubs to which they belong.



OGREVANJE **8:00-8:45**

Ogrevanje poteka v progah 3,4,5,6,7.
Progi 1 in 8 sta rezervirani za skoke in šprinte.
Proga 2 je rezervirana za štart hrbtno ali za tempo.

SESTANEK DELEGATOV **8:45**

OTVORITEV TEKMOVANJA **8:50**

KATEGORIJE

OPEN*

A – mladinci/mladinke in starejši	2010 in starejši
B – kadeti/kadetinje	2011 in 2012
C – dečki/deklice	2013 in 2014
D – ml. dečki/ml. deklice	2015
E – ml. dečki / ml. deklice	2016
F – cicibani	2017 in mlajši

*kategorija open je namenjena le za skupno razvrstitev.
Nagrade se podeljujejo v ostalih kategorijah.

I. DEL TEKMOVANJA **9:00**

- 50m DELFIN	M / Ž	(vse kategorije)
- 200m PROSTO	M / Ž	(A,B,C,D,E)
- 100m HRBTNO	M / Ž	(vse kategorije)
- 50m PROSTO	M / Ž	(vse kategorije)
- 200m MEŠANO	M / Ž	(A,B,C,D,E)
- 100m PRSNO	M / Ž	(vse kategorije)
- 400m PROSTO	M / Ž	(A,B,C,D,E)

ODMOR **75 min**

V času odmora lahko naročite kosilo. Cena kosila = 9 €.

KOSILO 1: testenine po bolonjsko + solata

KOSILO 2: panirani zrezek s krompirčkom + solata

DRUGO OGREVANJE **45 min**

Na tekmovanju se bomo dogovorili o tem ob kateri uri se bo začelo drugo ogrevanje in drugi del tekmovanja.

II. DEL TEKMOVANJA

- 4x 50m MEŠANO MIX	(2x deček in 2x deklica – C)
- 4x 50m MEŠANO MIX	(2x fant in 2x punca – D ali E ali F)

PODELITVE MEDALJ

Za odplavane discipline prvega in drugega dela tekmovanja.

III. DEL TEKMOVANJA

- 50m PRSNO	M / Ž	(vse kategorije)
- 200m HRBTNO	M / Ž	(A,B,C,D,E)
- 100m MEŠANO	M / Ž	(vse kategorije)
- 100m DELFIN	M / Ž	(A,B,C,D,E)
- 50m HRBTNO	M / Ž	(vse kategorije)
- 200m PRSNO	M / Ž	(A,B,C,D,E)
- 100m PROSTO	M / Ž	(vse kategorije)

PODELITVE MEDALJ

Za odplavane discipline tretjega dela tekmovanja.

WARM UP TIME **8:00-8:45**

Warm up takes place in lanes 3,4,5,6,7.
Lanes 1 and 8 are reserved for jumps and sprints.
Lane 2 is reserved for backstroke starts and/or tempo lane.

DELEGATES MEETING **8:45**

OPENING CEREMONY **8:50**

CATEGORIES

OPEN*

A – juniors and seniors	2010 and older
B – cadets	2011 and 2012
C – boys and girls	2013 and 2014
D – young boys and young girls	2015
E – young boys and young girls	2016
F – kids	2017 and younger

The open category is only meant for overall ranking. Prizes are awarded in the other categories.

Ist PART OF THE COMPETITION **9:00**

- 50m BUTTERFLY	M / F	(all categories)
- 200m FREESTYLE	M / F	(A,B,C,D,E)
- 100m BACKSTROKE	M / F	(all categories)
- 50m FREESTYLE	M / F	(all categories)
- 200m IND. MEDLEY	M / F	(A,B,C,D,E)
- 100m BREASTSTROKE	M / F	(all categories)
- 400m FREESTYLE	M / F	(A,B,C,D,E)

BRAKE **75 min**

You can order lunch during the break. Lunch price = 9 €.

LUNCH 1: pasta Bolognese + salad

LUNCH 2: breaded stake with fries + salad

2nd WARM UP TIME **45 min**

The start times for the second warm-up and the second session will be determined at the beginning of the competition.

IInd PART OF THE COMPETITION

- 4x 50m MEDLEY MIX	(2x boy and 2x girl – C)
- 4x 50m FREESTYLE MIX	(2x boy and 2x girl – D or E of F)

MEDAL CEREMONY

For disciplines of the first and second part of the competition.

IIIrd PART OF THE COMPETITION

- 50m BREASTSTROKE	M / F	(all categories)
- 200m BACKSTROKE	M / F	(A,B,C,D,E)
- 100m IND. MEDLEY	M / F	(all categories)
- 100m BUTTERFLY	M / F	(A,B,C,D,E)
- 50m BACKSTROKE	M / F	(all categories)
- 200m BREASTSTROKE	M / F	(A,B,C,D,E)
- 100m FREESTYLE	M / F	(all categories)

MEDAL CEREMONY

For disciplines of the third part of the competition.

NAGRADE

Prvi trije uvrščeni v vseh disciplinah, v vsaki kategoriji (A, B, C, D, E, F), prejmejo medalje.

REWARDS

The top three athletes in all disciplines in each category (A, B, C, D, E, F) will receive medals.

MALI BAZEN

Mali bazen bo zaprt za vse in v njem ne sme biti nikogar.

SMALL POOL

Small pool will be closed for all. No one is allowed to go in.

Z veseljem vas vabimo, da se nam pridružite na dogodku, kjer bomo skupaj ustvarili nepozabno športno izkušnjo, polno pozitivne energije, dobrega vzdušja in lepih spominov.

We are pleased to invite you to join us at an event where we will create an unforgettable sports experience together, full of positive energy, good vibes, great atmosphere and wonderful memories.

Prepričani smo, da bo tekmovanje enkratno doživetje za vse udeležence, zato se že veselimo vašega prihoda in skupnih trenutkov, ki bodo še dolgo ostali v lepem spominu.

We are confident that the competition will be a unique experience for all participants, and we are already looking forward to your arrival and the shared moments that will remain fondly remembered for a long time.

Želimo vam uspešno in prijetno tekmovanje. Se vidimo v Novem mestu!

We wish you a successful and enjoyable competition. See you in Novo Mesto!



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