



NOVO MESTO CUP 2026



**PLAVALNI KLUB
NOVO MESTO**



ORGANIZATOR TEKMOVANJA

PLAVALNI KLUB NOVO MESTO

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ORGANIZER OF THE COMPETITION

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tax number: 41164407
bank account: SI56 6100 0002 3400 918

DATUM: 18. 01. 2025
LOKACIJA: Bazén Novo mesto, Zaloška cesta 20
BAZEN: 25m bazén, 8 prog,
temperatura vode 27°C

DATE: 18. 01. 2025
LOCATION: Novo mesto pool, Zaloška cesta 20
POOL: 25 pool, 8 lanes,
water temperature 27°C

MERJENJE

Elektronsko (PZS Timing)

TIME MEASUREMENT

Electronic (PZS Timing)



PRIJAVE

do srede, 14. 01. 2026 do 24:00 ure za SLO klube:

on-line prijave preko digiswim.

Število nastopov posameznika je omejeno na 6 posamičnih nastopov ter na štafetni nastop.

PRIJAVA ŠTAFETE

Prijavite štafete preko on-line prijave.

Pri vseh štafetah morajo biti člani štafet iz vsake kategorije, kot je napisano v programu plavanja.

Poljuben vrstni red tekmovalcev v štafetah. Klub lahko prijavi tudi več štafet pri eni kategoriji.

REGISTRATIONS

until Tuesday, 13. 01. 2026, until 24:00 hours applications

send via e-mail: miha@plavalniklubnm.si - with LENEX

application. The number of swim starts by an individual is limited to 6 individual starts and 1 start in relay.

RELAY REGISTRATION

Relay application send via e-mail, just like other

registrations. In all relays, there must be members of the relay teams from each category, as stated in the program of the competition. The order of swimmers in relays can be random. The club may also register multiple relay teams in the same category.

ŠTARTNINA

7 € na posamični štart. Klubi bodo prejeli račun po tekmovanju.

STARTING FEE

7 € per individual start. Clubs will receive an invoice after the competition.

PRAVILA TEKMOVANJA

Tekmovanje bo potekalo v skladu s pravili Plavalne Zveze Slovenije, ki so usklajeni s pravili evropske in svetovne plavalne zveze. Trenerji so dolžni seznaniti svoje plavalke in plavalce o teh pravilih.

Štartne liste in rezultati bodo ON-LINE: Swimify.

Link do štartne liste / rezultatov in QR koda bo objavljena na vidnih mestih bazena.

RULES OF THE COMPETITION

The competition will be held according to the rules of the Swimming Association of Slovenia, which are aligned with the rules of the European and World Swimming Federations. Coaches are required to inform their swimmers about these rules. Start lists and results will be available ONLINE: Swimify. A link to the start list/ results and a QR code will be published in visible places.

Plavalci in plavalke tekmujejo na lastno odgovornost. Za njihovo varstvo in zavarovanje odgovarjajo klubi, katerih člani so.

Swimmers compete at their own risk.

Their protection and insurance are the responsibility of the clubs to which they belong.



OGREVANJE 8:00-8:45

Ogrevanje poteka v progah 2,3,4,5,6,7.
Progi 1 in 8 sta rezervirani za skoke in šprinte.

WARM UP TIME 8:00-8:45

Warm up takes place in lanes 2,3,4,5,6,7.
Lanes 1 and 8 are reserved for jumps and sprints.

SESTANEK DELEGATOV 8:45

DELEGATES MEETING 8:45

OTVORITEV TEKMOVANJA 8:50

OPENING CEREMONY 8:50

KATEGORIJE

A – 2007 in starejši D – 2012 G – 2015
B – 2008 in 2009 E – 2013 H – 2016
C – 2010 in 2011 F – 2014 I – 2017 in mlajši

CATEGORIES

A – 2007 and older D – 2012 G – 2015
B – 2008 and 2009 E – 2013 H – 2016
C – 2010 and 2011 F – 2014 I – 2017 and younger

I. DEL TEKMOVANJA 9:00

- 200m MEŠANO M / Ž (A,B,C,D,E,F,G)
- 50m PROSTO M / Ž (vse kategorije)
- 100m HRBTNO M / Ž (vse kategorije)
- 200m DELFIN M / Ž (A,B,C,D,E)
- 200m PROSTO M / Ž (A,B,C,D,E,F,G)
- 50m DELFIN M / Ž (vse kategorije)
- 100m PRSNO M / Ž (vse kategorije)
- 400m PROSTO M / Ž (A,B,C,D,E,F,G)

Ist PART OF THE COMPETITION 9:00

- 200m IND. MEDLEY M / F (A,B,C,D,E,F,G)
- 50m FREESTYLE M / F (all categories)
- 100m BACKSTROKE M / F (all categories)
- 200m BUTTERFLY M / F (A,B,C,D,E)
- 200m FREESTYLE M / F (A,B,C,D,E,F,G)
- 50m BUTTERFLY M / F (all categories)
- 100m BREASTSTROKE M / F (all categories)
- 400m FREESTYLE M / F (A,B,C,D,E,F,G)

PODELITVE MEDALJ

Za vse odplavane discipline prvega dela tekmovanja.

MEDAL CEREMONY

For all disciplines of the first part of the competition.

ODMOR 60 min

BRAKE 60 min

DRUGO OGREVANJE 45 min

2nd WARM UP TIME 45 min

Na tekmovanju se bomo dogovorili o tem ob kateri uri se bo začelo drugo ogrevanje in drugi del tekmovanja.

On the day of the competition, we will agree on the time at which the second part of the warm up time and competition will start.

II. DEL TEKMOVANJA

- 4x 50m MEŠANO MIX (FANT D, PUNCA D, FANT E, PUNCA E)
- 4x 50m PROSTO MIX (FANT F, PUNCA F, FANT G, PUNCA G)
- 4x 50m PROSTO MIX (FANT H, PUNCA H, FANT I, PUNCA I)

IInd PART OF THE COMPETITION

- 4x 50m MEDLEY MIX (BOY D, GIRL D, BOY E, GIRL E)
- 4x 50m FREESTYLE MIX (BOY F, GIRL F, BOY G, GIRL G)
- 4x 50m FREESTYLE MIX (BOY H, GIRL H, BOY I, GIRL I)

PODELITVE MEDALJ

Za vse odplavane štafete.

MEDAL CEREMONY

For all relays.

III. DEL TEKMOVANJA

- 200m HRBTNO M / Ž (A,B,C,D,E,F,G)
- 50m PRSNO M / Ž (vse kategorije)
- 100m MEŠANO M / Ž (vse kategorije)
- 100m DELFIN M / Ž (A,B,C,D,E,F,G)
- 200m PRSNO M / Ž (A,B,C,D,E,F,G)
- 50m HRBTNO M / Ž (vse kategorije)
- 100m PROSTO M / Ž (vse kategorije)
- 400m MEŠANO M / Ž (A,B,C,D,E)

IIIrd PART OF THE COMPETITION

- 200m BACKSTROKE M / F (A,B,C,D,E,F,G)
- 50m BREASTSTROKE M / F (all categories)
- 100m IND. MEDLEY M / F (all categories)
- 100m BUTTERFLY M / F (A,B,C,D,E,F,G)
- 200m BREASTSTROKE M / F (A,B,C,D,E,F,G)
- 50m BACKSTROKE M / F (all categories)
- 100m FREESTYLE M / F (all categories)
- 400m IND. MEDLEY M / F (A,B,C,D,E)

PODELITVE MEDALJ

Za vse odplavane discipline tretjega dela tekmovanja.

MEDAL CEREMONY

For all disciplines of the third part of the competition.

NAGRADE

Prvi trije uvrščeni v vseh disciplinah, v vsaki kategoriji, prejmejo medalje.

REWARDS

The top three athletes in all disciplines in each category will receive medals.

MALI BAZEN

Mali bazen bo za vse zaprt in v njem ne sme biti nikogar.

SMALL POOL

Small pool will be closed for all. No one is allowed to go in.

Z veseljem vas vabimo, da se nam pridružite na dogodku, kjer bomo skupaj ustvarili nepozabno športno izkušnjo, polno pozitivne energije, dobrega vzdušja in lepih spominov.

Prepričani smo, da bo tekmovanje enkratno doživetje za vse udeležence, zato se že veselimo vašega prihoda in skupnih trenutkov, ki bodo še dolgo ostali v lepem spominu.

**Želimo vam uspešno in prijetno tekmovanje.
Se vidimo v Novem mestu!**

We are pleased to invite you to join us at an event where we will create an unforgettable sports experience together, full of positive energy, good vibes, great atmosphere and wonderful memories.

We are confident that the competition will be a unique experience for all participants, and we are already looking forward to your arrival and the shared moments that will remain fondly remembered for a long time.

**We wish you a successful and enjoyable competition.
See you in Novo Mesto!**

